

GURU NANAK PUBLIC SCHOOL

ECO CLUB

SOUVENIR -2.0



Our Vision

To be the best institution for protecting and creating environment awareness by educating the youth, offering programs and resources for the students.

Aims And Objectives

- To inculcate the environment friendly habit in children.
- To develop scientific temperament among children.
- Motivate the students to keep their surroundings green and clean by undertaking plantation of trees.
- Promote ethos of conservation of water by optimizing the use of water
- Motivate students to imbibe habits and life style for minimum waste generation, source separation of waste and disposing the waste to the nearest storage point.
- To develop skills of observation, experimentation, survey, recording, analysis, reasoning needed for conserving environment through activities.
- Organize seminars, debates, lectures and popular talks on environmental issues in the school to motivate the students to keep their surroundings green and clean.
- Promote ethos of conservation of water by optimizing the use of water and cleaning of water body in the adjacent area.
- Educate students to create awareness amongst public and sanitary workers, so as to stop the indiscriminate burning of waste which causes respiratory diseases.
- Sensitize the students to minimize the use of plastic bags, not to throw them in public places as they choke drains and sewers, cause water logging and provide breeding ground for mosquitoes.
- Organize tree plantation programs, awareness programs such as quiz, essay, painting competitions, rallies, nukkad natak etc. regarding various environmental issues and educate children about re-use of waste material & preparation of products out of waste

Highlights

- ▶ **Dental and Gynaecological checkup camp.**
- ▶ **International Yoga Day**
- ▶ **Planation Drive by 'HELP THE GIRLS GROUP'.**
- ▶ **Yuvamanthan Model - G20**
- ▶ **One Child One Plant Campaign**
- ▶ **Fire Safety Drill**
- ▶ **Awareness Campaign 'SINGLE USE PLASTIC'**
- ▶ **Green Diwali**

CORE MESSAGE



"In our family, every creature and every plant is a part of our life. We should all take such care that the development of our villages and cities should happen; otherwise, our life may become different."

Dear Parents, Students, and Eco Enthusiasts,

I am delighted to share the remarkable achievements of our Eco Club. Through dedicated efforts, we've conducted numerous impactful activities, earning our place among the top 25 Eco Clubs in the state. This accomplishment reflects our commitment to sustainability.

As we look forward, our vision is to reach new heights in the upcoming session. With unwavering dedication and adherence to protocols, we aim to secure a spot among the top rankers in the state. Your continued support is crucial in realizing this vision.

Together, let's nurture a greener tomorrow.

**Best regards,
Ms. Jitender Kaur
(Principal)**

The Outlook



We, the coordinators of the ECO Club, express immense pride in being part of Guru Nanak Public School's ECO Club. Our journey has been a valuable learning experience, and we extend heartfelt thanks to our Principal Madam and the school's management committee. Together, we aim to infuse a green ethos into students' lives, believing in a future that is greener.

Our commitment is evident through various activities conducted in the school, enlightening students about environmental issues. From tree-planting drives to recycling initiatives, each endeavour is a step towards building a sustainable future. Through these activities, we strive to make students more aware of the actions that can harm our environment and empower them to make eco-friendly choices.

It is with great joy and a sense of accomplishment that we share our recent achievement – being listed among the top 25 ECO clubs in the state. This recognition is especially significant as we are relatively new to this initiative. It fuels our determination to continue our efforts and reach even greater heights in the upcoming year.

As we reflect on the past year, we are filled with gratitude for the enthusiastic participation of our club members. Your dedication and passion for environmental conservation have been the driving force behind our success. In the coming year, we envision expanding our activities, forging partnerships, and making an even more significant impact on our school and community.

In conclusion, we extend our sincere appreciation to everyone involved in making our ECO Club a success. Let's continue working together to create a sustainable and eco-conscious future.

Warm regards,
Mr. Shivam Sharma
Mr. Amarjeet Singh

World Environment Day Celebration

Introduction:

The Eco Club of Guru Nanak Public School celebrated World Environment Day on 5th June 2023 with enthusiasm and commitment towards the environment. The event witnessed the participation of students from primary to senior secondary wings. The club organized various activities to mark the significance of the day.

Activities Conducted:

The Eco Club organized a range of activities for the students, including role play, skit, slogan writing, poster making, awareness rally, plastic and garbage collection from nearby villages, debate, declamation, essay writing, and quiz competition. The activities were designed to educate and sensitize students about the importance of the environment and the need to protect it.

- Role Play and Skit:
- Slogan Writing and Poster Making:
- Awareness Rally:
- Plastic and Garbage Collection
- Debate and Declamation:
- Essay Writing and Quiz Competition:

Conclusion:

The World Environment Day celebration by the Eco Club of Guru Nanak Public School was a grand success. The activities organized by the club were highly informative and engaging. The event helped in creating awareness among the students about the importance of the environment and the need to protect it. The Eco Club's efforts in organizing such an event are commendable, and it is hoped that such initiatives will continue in the future.



Health Awareness Camp Report

Date: May 31st, 2023

Objective:

The ECO Club at Guru Nanak Public School organized a free dental and gynaecological check-up camp on May 31st, 2023, with the primary aim of promoting good oral and physical health within the community.

Activities:

1. Dental Check-up: Experienced dentists conducted thorough dental check-ups for attendees, providing valuable insights into oral health and hygiene practices.
2. Gynaecological Check-up: Medical professionals offered gynaecological check-ups to address women's health concerns and provide preventive care.
3. Distribution of Free Toothpaste: As a part of the initiative, free toothpaste was generously distributed by the dentists, emphasizing the importance of dental care and contributing to spreading smiles within the community.

Community Engagement:

The event saw active participation from the local community, reflecting the community's interest in health and well-being. The ECO Club's initiative was well-received, and the positive feedback from attendees highlighted the impact of such health-focused initiatives.

Conclusion:

The free dental and gynaecological check-up camp organized by the ECO Club at Guru Nanak Public School on May 31st, 2023, proved to be a valuable contribution to community health. Through professional consultations and the distribution of free toothpaste, the event successfully promoted good oral and physical health, leaving a lasting positive impact on the attendees.



International Yoga Day Celebration

Date: June 21st, 2023

Objective:

The ECO Club at Guru Nanak Public School celebrated International Yoga Day on June 21st, 2023, with the goal of promoting holistic well-being among students. The event focused on introducing various yoga poses, asanas, and pranayamas while emphasizing their significance in maintaining good health.

Activities:

1. **Yoga Demonstrations:** Students actively participated in diverse yoga poses and asanas, guided by experienced instructors, showcasing the versatility of yoga practices.
2. **Pranayama Sessions:** The event included informative sessions on pranayamas, enlightening students about the importance of controlled breathing techniques for physical and mental well-being.
3. **Educational Component:** Instructors elaborated on the significance of each asana and pranayama, educating students about the therapeutic benefits and historical context of these ancient practices.

Motivational Session: To encourage regular practice, students were motivated to incorporate yoga into their daily lives. The instructors highlighted yoga as a time-tested remedy for various health conditions, emphasizing its historical roots and universal applicability.

Impact: The International Yoga Day celebration left a positive impact on students, fostering an awareness of the importance of yoga for physical and mental health. The event served as a platform to inspire students to integrate yoga into their daily routines.

Conclusion:

The ECO Club's celebration of International Yoga Day on June 21st, 2023, successfully promoted the practice of yoga among students at Guru Nanak Public School. By combining practical demonstrations, educational components, and motivational sessions, the event not only showcased the physical aspects of yoga but also conveyed its profound health benefits. The ECO Club looks forward to continuing its efforts to encourage holistic well-being within the school community.



Plantation Drive Collaboration Report

Date: August 5th, 2023

Organized by: Help the Girls Group in collaboration with ECO Club, Guru Nanak Public School

Objective:

A collaborative plantation drive was organized by the Help the Girls group in conjunction with the ECO Club of Guru Nanak Public School on August 5th, 2023. The initiative aimed to contribute to afforestation efforts by planting over 50 saplings in and around the school campus.

Activities:

1. **Plantation of Saplings:** Members of the Help the Girls group actively planted more than 50 saplings, enhancing the green cover within the school premises and supporting environmental conservation.
2. **Appreciation Ceremony:** Smt. Shakuntla Patial Ji, the Head of the Help the Girls group, expressed appreciation for the active involvement of the ECO Club in the noble cause of afforestation.
3. **Collaboration Acknowledgment:** Both groups acknowledged the synergy created through collaboration, emphasizing the importance of collective efforts for environmental sustainability.

Impact:

The plantation drive had a positive impact on the school environment, enhancing the greenery and contributing to the local ecosystem. The collaboration between the Help the Girls group and the ECO Club showcased the power of collective action for a shared cause.

Conclusion:

The collaborative plantation drive on August 5th, 2023, marked a successful effort by the Help the Girls group and the ECO Club of Guru Nanak Public School to promote afforestation. The active participation of both groups and the planting of more than 50 saplings demonstrated a shared commitment to environmental conservation.



हेल्प द गर्ल्स ग्रुप ने विद्यालय परिसर में लगाए 50 से अधिक पौधे

गुरुनानक पब्लिक स्कूल में रोपी हरियाली

विद्यालय परिसर में लगाए 50 से अधिक पौधे। गुरुनानक पब्लिक स्कूल परिसर में हेल्प द गर्ल्स ग्रुप संस्था की तरफ से पर्यावरण बनाया गया। विद्यालय परिसर में संस्था ने 50 से अधिक फलदार पौधों को लगाया, जैकिक अनेक सालों में गहरी छाया के साथ-साथ फल भी देंगे। समारोह में संस्था की प्रधान सचिव कुलतल पटियाल व उपप्रधान डॉ. आशीमा जैन, सदस्य स्वर्णि शालवीप, धनु लोखन, डॉ. किरन शर्मा, सुविभा चौहान, अनु जैन, निता रिखन, पुन्य गुप्त, विमल गुप्त उपस्थित रहे। समारोह की शुरुआत में अध्यक्षता समर्पण कर

ने संस्था के सदस्यों का अभिनंदन किया। संस्था की प्रधान सचिव कुलतल पटियाल ने पेट-पौधों के महत्व को समझाते हुए बताया कि पेट-पौधे धरती और पर्यावरण का सुधार है। हमें अन्न-पदम के पर्यावरण को हमला साफ-सुथरा रखना चाहिए और अधिक से अधिक वृक्ष रोपण करते रहना चाहिए। उन्होंने कहा कि वृक्ष हमारे मित्र हैं तथा हमें पर्यावरण बचाने के लिए वृक्ष अधिक से अधिक लगाने चाहिए, जिससे हमारे पर्यावरण को कम से कम नुकसान हो। उन्होंने कहा कि पर्यावरण को प्रदूषण से निवारण दिखाने के लिए पर्यावरण बनाते अति उत्कृष्ट हैं। इसीलिए सभी को निरंतर जिम्मेदारी बनती है कि यह पौधों को अधिक



स्कूल परिसर में रोपीरोग करने लगने के कारण व छाया।

से अधिक संख्या में रोपे। समारोह के अंत में संस्था की प्रधान व उपस्थित सदस्यों ने स्कूल के प्रधानाचार्य, उपप्रधानाचार्य, ट्रस्ट के सदस्य व इसके कर्मच के मुखिया शिक्षण शर्मा

को पर्यावरण-अभियंता बनते हुए पौधों के पन्ने उपहार में दिए। सचिव कुलतल पटियाल ने पटियाल इंटरमीडियट की तरफ से 5100 रुपये मूल्य बच्चों की सहायता के लिए भेंट किया। इस मौके पर स्कूल के

जन्तुसंग बच्चों के लिए 5100 रुपए की भेंट

से रहे लौकज

समारोह में संस्था की प्रधान सचिव कुलतल पटियाल व उपप्रधान डॉ. आशीमा जैन, सदस्य स्वर्णि शालवीप, अनु लोखन, डॉ. किरन शर्मा, सुविभा चौहान, अनु जैन, निता रिखन, पुन्य गुप्त, विमल गुप्त अति उपस्थित रहे।

प्रधानाचार्य, उपप्रधानाचार्य, ट्रस्ट के सदस्य व इसके कर्मच के मुखिया शिक्षण शर्मा को पर्यावरण-अभियंता बनते हुए पौधों के पन्ने उपहार में दिए। सचिव कुलतल पटियाल ने पटियाल इंटरमीडियट की तरफ से 5100 रुपये मूल्य बच्चों की सहायता के लिए भेंट किया। इस मौके पर स्कूल के



One Child One Plant Campaign

Date: August 25th, 2023 ,

Organized by: ECO Club, Guru Nanak Public School

Objective:

The ECO Club at Guru Nanak Public School initiated the "One Child One Plant" campaign on August 25th, 2023, encouraging all students to actively participate by bringing and planting one sapling each in and around the school campus. The campaign aimed to foster a sense of responsibility towards afforestation and promote a green environment.

Activities:

1. **Student Participation:** All students enthusiastically participated in the campaign, bringing a diverse range of saplings to contribute to the school's greenery.
2. **Plantation Drive:** The school premises witnessed a vibrant plantation drive as students planted their respective saplings, contributing to the overall goal of enhancing the green cover.
3. **Environmental Awareness:** The initiative aimed to sensitize students about the importance of afforestation, environmental conservation, and their role in global environmental causes.

Impact:

The "One Child One Plant" campaign had a significant impact on the school environment, resulting in the planting of numerous saplings and creating a positive change in the campus landscape. The initiative also heightened awareness among students about their individual contributions to a greener and healthier planet.

Conclusion:

The "One Child One Plant" campaign, organized by the ECO Club on August 25th, 2023, proved to be a commendable initiative by Guru Nanak Public School. The active involvement of students in planting saplings showcased their commitment to environmental conservation. The campaign successfully instilled a sense of responsibility and awareness about the global need for afforestation, contributing to the school's larger mission of creating a green and sustainable environment. The ECO Club remains dedicated to organizing such impactful initiatives for the betterment of the school community and the planet.



Yuvamanthan Model G20; Y20 India

On 28-08-2023, Guru Nanak Public School successfully hosted the Yuvamanthan Model G20; Y20 India event. The objective of this event was to provide students with an opportunity to simulate the G20 summit and promote discussions on the topic of sustainability as a way of life. The event saw enthusiastic participation from students representing different countries, assuming roles such as Presidents, Prime Ministers, Sherpas, and Financial Advisors.

The event began with a formal inauguration ceremony, wherein the participants were introduced and briefed about their respective roles. Students enthusiastically took on the responsibility of representing their designated countries and actively engaged in constructive discussions throughout the simulation.

Under the theme of sustainability, students explored various aspects related to environmental conservation, social equity, and economic growth. They had the chance to address global concerns and propose strategies to promote sustainability within their respective nations. The discussions were centered around finding practical solutions that could be implemented at an individual, community, and national level.

Over the course of the event, students showcased their research capabilities, critical thinking skills, and ability to collaborate with others from diverse backgrounds. Each delegate contributed unique perspectives and ideas, fostering an environment of healthy debate and learning.

The event's highlight was the unanimous agreement reached by all the nations regarding the promotion of sustainability. Students collectively identified key areas that needed urgent attention, including renewable energy adoption, waste management practices, conservation of natural resources, and sustainable agricultural practices.

To conclude the event, an emotional and enthusiastic atmosphere filled the air as every participant took an oath to implement the agreed-upon measures in their respective nations.

The event would not have been possible without the dedicated efforts of the organizing committee, teachers, and the enthusiasm shown by the students. Their collective passion and commitment made the event a memorable and impactful experience.



Fire Mock Drill

“In times of disaster, preparedness is the key to survival.”

On 06-10-2023, Guru Nanak Public School organized a comprehensive fire mock drill, aimed at raising awareness among students about fire safety and equipping them with the necessary skills to respond effectively in case of a fire. The event was conducted in collaboration with the Nalagarh fire station, and it proved to be an informative and engaging experience for the students. The event was a success, thanks to the dedicated team of firefighters from the Nalagarh fire station who generously shared their knowledge and expertise.

Key Takeaways:

- 1. Understanding Fire:**
- 2. Types of Fires:**
- 3. Fire Extinguishers**
- 4. Hands-On Practice**

Students were given the opportunity to operate fire extinguishers under the guidance of the experienced firefighters. This practical experience instilled confidence and preparedness in the participants.

The Guru Nanak Public School extends heartfelt gratitude to the dedicated team of firefighters from the Nalagarh fire station for their invaluable service and time. Their commitment to educating our students about fire safety is commendable and greatly appreciated.

This event served as a reminder that disaster preparedness is a shared responsibility, and through such initiatives, we can ensure the safety and well-being of our community.



Awareness Campaign on “SINGLE USE PLASTIC”

On 13-10-2023, ECO CLUB successfully organized an Awareness campaign on the “Use of Single-Use Plastic” and a Nukkad Natak (street play) on the theme “Our Education System” in collaboration with the generous support of SDM Nalagarh. This event took place at the vibrant Main Market in Nalagarh and witnessed the presence of several dignitaries, including members of the Municipal Council (MC) Nalagarh, Chairman S. Nasib Singh and Trustee members of Gurmat Parchar Trust, Principal Ms. Jitender Kaur, Vice Principal and staff members of Guru Nanak Public School.

Event Highlights:

1. *Awareness Campaign on Single-Use Plastic:*

The primary focus of this event was to raise awareness about the harmful effects of single-use plastic on the environment. The students of Guru Nanak Public School actively engaged with the local community and educated them about the importance of reducing plastic waste.

2. *Nukkad Natak on Education System:*

A thought-provoking street play was performed by the students, highlighting critical issues within the education system. The play aimed to address pertinent challenges and advocate for necessary reforms. It successfully conveyed a powerful message to the audience.

3. *Influential Presence:*

The event was graced by the presence of SDM Nalagarh, members of MC Nalagarh, Revenue officer and other dignitaries from the community. Their support and encouragement added credibility to the cause.

4. *Talented Student Performances:*

The students showcased their exceptional talent and skills during the Nukkad Natak. Their performances were not only entertaining but also served as a means to convey essential messages about both single-use plastic and the education system.

Impact and Impressions:

The guests and dignitaries present at the event were deeply touched by the students' exceptional performances and their commitment to raising awareness about these important issues. They expressed their happiness in witnessing the younger generation actively participating in such initiatives and being conscious of the challenges and opportunities surrounding them.



Promoting a Pollution-Free Diwali Report

Date: November 11th , 2023

Objective:

The ECO Club at Guru Nanak Public School organized a series of events to celebrate Diwali in an eco-friendly manner, fostering a pollution-free environment within the school. The initiative aimed to encourage students to embrace sustainable practices during the festive season.

Activities:

- 1. Rangoli Making**
- 2. Door Hangings**
- 3. Diya Decorations**
- 4. Thali Decoration**

Environmental Sensitization:

Throughout the events, students were sensitized about the environmental impact of traditional Diwali practices, particularly the harmful effects of burning crackers. Emphasis was placed on being a friend to Mother Nature by opting for pollution-free celebrations.

Enthusiastic Student Participation:

The students actively participated in the activities with enthusiasm and zeal, showcasing their commitment to celebrating Diwali in an environmentally responsible manner.

Impact:

The celebration of Diwali with pollution-free activities made a positive impact on the school environment, promoting sustainability and reducing the ecological footprint associated with festive celebrations.



Guru Nanak Public School Recognized Among Top 25 Eco-Clubs in Himachal Pradesh

We are thrilled to announce that Guru Nanak Public School has achieved a remarkable milestone by being listed among the top 25 eco-clubs in the state of Himachal Pradesh. This prestigious recognition comes from the Deputy Director of Elementary Education and HP Council of Science, Technology, and Environment, Shimla.

Certificate of Honor :-

The school received a Certificate of Honor in acknowledgment of its outstanding contributions to environmental awareness and sustainability through the diligent efforts of the eco club.

Leadership's Delight:-

Principal Ms. Jitender Kaur, Vice Principal Ms. Anjana Sethi, and Chairperson Sardar Naseeb Singh expressed their delight and pride in this achievement. Their encouragement and support have played a crucial role in fostering a culture of environmental responsibility within the school.

Commitment to Excellence:-

This recognition not only reflects the dedication and hard work of the eco club members but also underscores the school's commitment to excellence in promoting eco-friendly practices and environmental education.

Future Endeavours:-

As we celebrate this momentous achievement, the school's leadership encourages both staff and students to continue their efforts and aspire for new heights in the coming year. The recognition serves as motivation to strengthen our commitment to sustainable practices and contribute further to the well-being of our environment.

CERTIFICATION

NATIONAL GREEN CORPS

"Eco Club"



Catalysed and Supported by
Deputy Director of Elementary Education, Solan

&
H.P. Council for Science, Technology and Environment, Shimla (HIMCOSTE)

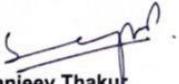
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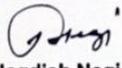
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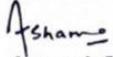
submitted Annual Eco Club Report for the year 2022-23

and is certified to have secured position in top...25..... .

We also take this opportunity to express our sincere thanks and gratitude to the School for bringing laurels to
Distt. Solan in Eco Club & Science related programmes.


Sanjeev Thakur
Deputy Director of Elementary
Education, Solan


Jagdish Negi
Deputy Director of Higher
Education, Solan


Amreesh Sharma
District Science Coordinator



GURU NANAK PUBLIC SCHOOL

AFFILIATED TO C.B.S.E. NEW DELHI

VILLAGE JAGAATKHANA-NALAGARH, DISTT. SOLAN (H.P)

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NOTICE

NOTICE

Green
VIBES ONLY

BY- SHIVAM SHARMA